

## Welcome to Lenox Hill Neighborhood House's Older Adult Center Programs

## The Center @ Lenox Hill Neighborhood House Older Adult Center @ Saint Peter's Church

To join our centers, new members must bring proof of age 60 or older, be a New York City Resident and provide a completed membership application in person during our membership application hours. During our membership application hours, new members will meet with an Older Adult Center Staff Member who will process your application, orient you to our older adult centers and answer any questions you may have about our older adult centers and our program offerings.

#### **Membership Application Hours**

The Center @ Lenox Hill Neighborhood House 343 East 70<sup>th</sup> Street New York, New York 10021

- Monday to Friday from 10:00am-11:00am
- Saturday & Sunday from 9:00am 10:00am
- Questions can be directed to 212-218-0319

Older Adult Center @ Saint Peter's Church 619 Lexington Ave New York, New York 10022

- Monday to Friday from 10:00am-11:00am
- Questions can be directed to 646-306-4492



Center @ Lenox Hill Neighborhood House Older Adult Center @ Saint Peter's Church						
		MEMBER REGI	STRATION FORM			
Last Name:		First Name:		Midd	le Name:	
Birth Date:		Gender that	you identify with:	·		
		☐ Male			Female	
Street Address & Apartment:						
City, State:			Zip Code:			
Borough/County:		Email:	,			
Home Phone:			Mobile Phor	ne:		-
DEMOGRAPHIC INFORMATION  Lenox Hill Neighborhood House uses demographic data to  improve services and programming at our older adult centers.  Your answers in this section will not impact the services you can access at our centers.						
Marital Status:						
☐ Married/Partner	☐ Sin	gle	☐ Widowe	d	☐ Divorced	
Frail or Disabled:	U.S. Vetera	an:	Live Alone:		Do You Work:	
☐ Yes ☐ No	□ Yes	□ No	☐ Yes ☐	] No	☐ Yes ☐	No
Primary Language:   □ English	☐ Spa	anish	☐ Other (P	lease Spec	ify):	
Race (Mark all that apply):						
☐ White/Caucasian			☐ Black or African American			
☐ Asian-South Asian:			Hawaiian/Pacific Islander			
☐ Native American or Alaskan Native ☐ Other (Please Specify):						
Ethnicity:		☐ Non-His	panic		Hispanic or Latino/a	ì
Number in Household:		Annual	Household Income	:		
			Less than \$11,670		□ \$23,596 <b>–</b> \$23,85	0
			\$11,670–\$15,730		□ \$23,851 <b>–</b> \$27,91	.0
			\$15,731–\$17,504		□ \$27,911 <b>–</b> \$29,68	5
			\$17,505–\$19,790		□ \$29,686 <b>–</b> \$31,97	<b>'</b> O
			\$19,791–\$23,595		□ \$31,971+	



EMERGE	NCY CONTACTS			
Full Name:	Full Name:			
Relation to You:	Relation to You:			
Phone Numbers:  Phone Numbers:				
Street Address, City, State, Zip Code:	Street Address, City, State, Zip Code:			
What kinds of enrichment, fitness, or continuing example, yoga, dance, music, discussion groups nutritional or health education, etc.)	• • • • • • • • • • • • • • • • • • • •			
We are always looking for new volunteers, do y you'd be willing to organize?	ou have any ideas for classes or workshops that			
How did you hear about us?				
,	o the older adult center? (Please check all that apply.)  Vednesday   Thursday   Friday   Saturday			
	ber of Lenox Hill Neighborhood House's Older Center @ Lenox Hill Neighborhood House and the			
Signature	Date			



#### **NUTRITION HEALTH QUESTIONAIRE**

		YES	NO
I have an illness/condition that made me change the kind and/or amount of food I eat.	2		
I eat fewer than 2 meals per day.	3		
I eat few fruits or vegetables, or milk products.	2		
I have 3 or more drinks of beer, wine, or liquor almost every day.	2		
I have tooth or mouth problems that make it hard for me to eat.	2		
I don't always have enough money to buy the food I need.	4		
I eat alone most of the time.	1		
I take three or more different prescribed or over-the-counter drugs a day.	1		
Without wanting to, I have lost or gained 10 pounds in the last six months.	2		
I am not always physically able to shop, cook, and/or feed myself.	2		

TOTAL YOUR NURTITION SCORE (Yes Answers Only)\_\_\_\_\_\_, IF IT'S:

0-2	GOOD! Recheck your nutritional score in 6 months
3-5	You are at moderate nutritional risk. See what you can do to improve your eating habits and
	lifestyle. Your Office for the Aging, older adult nutrition program, older adult center or health
	department can help. Recheck your score in 3 months
6 and up	You are at High nutritional risk. Bring this checklist and talk with your doctor, dietician or other
	health or social service professional. Ask for help to improve your nutritional health



#### Release of Liability and Assumption of Risk

Member Signature

Date

	I,, desire to participate in fitness classes, which may involve, among other things, aerobic activity, resistance and weight training, and swimming; enrichment, continuing education and recreational classes; other recreational games and activities; and the New York Foundation for Senior Citizen's Project CART Transportation Program and any other transportation programs I may utilize to access activities as provided by the Organization as defined below (the "Activities") provided by Lenox Hill Neighborhood House, Inc. Older Adult Centers (the "Organization").
1.	As lawful consideration for being permitted by the Organization to participate in the Activities and utilize some or all of the Organization's facilities (the "Facilities"), I agree to all the terms and conditions set forth in this agreement (this "Agreement").
2.	I understand that the Activities and use of the Facilities may be dangerous and may involve risk of serious injury, death and/or property damage.
3.	I acknowledge that any injuries that I sustain may be compounded by negligent emergency response or rescue operations of the Organization.
4.	I acknowledge that I am knowingly and voluntarily participating in the Activities with an express understanding of the danger involved and hereby agree to accept and assume any and all risks of injury, death or property damage, whether caused by the negligence of the Organization, other participants or persons who may be present at the Activities or Facilities, any Releasees or otherwise, including but not limited to: tripping; slips and falls; bruises, lacerations, or even more severe personal injuries; and any personal injuries associated with the use of equipment and the Facilities.
5.	I hereby expressly waive and release any and all claims, now known or hereafter known, that I may have against the Organization, and its officers, directors/manager(s), employees, volunteers, agents, affiliates, successors, and assigns (collectively, "Releasees"), on account of injury, death, or property damage caused by my participation in the Activities or use of the Facilities, whether caused by the negligence of the Organization, other participants or persons who may be present at the Activities or the Facilities, any Releasees or otherwise.
6.	I expressly agree and promise not to make or bring any such claim against the Organization or any other Releasee, and forever release and discharge the Organization and all other Releasees from liability under such claims.
7.	All matters arising out of or relating to the performance of this Agreement shall be governed by the laws of the State of New York (including its statute of limitations).
-	signing below, I acknowledge that I have read and fully understood all of the terms of this Agreement and that I voluntarily giving up substantial legal rights, including the right to sue the Organization.

Addr



#### **Media Authorization and Release**

take, use, reproduce, record and me, without further notice to munderstand that such media ma materials, including being poste anywhere and can be obtained the opportunity to ask question will not receive compensation for agents from liability and any and	ermission to Lenox Hill Neighborhood House, its employees and agents, to publish photographs, video and/or voice recording (collectively, "media") of for any and all informational, promotional and/or fundraising purposes. I be publicly displayed in informational, promotional and/or fundraising on social media platforms where this media will be available to anyone downloaded by anyone with Internet access. I understand that I have had and acknowledge that I sign this document voluntarily. I acknowledge that any media. I release Lenox Hill Neighborhood House, its employees and all claims arising out of or in connection with the taking or use of this media erms of this Authorization and Release.
Signature	Date
	Interview Authorization and Release
use my name, my story, and any to me, for any and all information have the opportunity to edit, responded, and I understand that that such interview material ma materials, including being poste anywhere and can be obtained the opportunity to ask question the interview material that I havof my knowledge. I release Lence	ermission to Lenox Hill Neighborhood House, its employees and agents, to of my direct quotes (collectively, "interview material"), without further notical, promotional and/or fundraising purposes. I understand that I will not not ew or provide further comment on this interview material after it is nis material may or may not be attributed to me specifically. I understand be publicly displayed in informational, promotional and/or fundraising on social media platforms where this media will be available to anyone downloaded by anyone with Internet access. I understand that I have had and acknowledge that I sign this document voluntarily. I confirm that all of provided to Lenox Hill Neighborhood House is true and accurate to the be Hill Neighborhood House, its employees and agents from liability and any connection with the taking or use of this interview material. I have read and norization and Release.
Signature	 Date



#### **Transportation Authorization & Release**

I,, acknowledge th	at, from time to time, I may choose to participate in the Lenox
	on program, wherein transportation is provided through well as private vendors (at no expense to me). This program
includes trips to various cultural and sho consideration of my participation in this Hill Neighborhood House to organize th	opping locations, my home, and/or other destinations. In voluntary transportation program, and of the efforts of Lenox ese trips, I waive any and all claims, rights or causes of action of
any kind whatsoever against Lenox Hill out of such trips.	Neighborhood House or its employees or agents that may arise
Signature	Date



New York City Department for the Aging			
Last Name:	First Name:		
Address:	Apt. Number:		
City:	State:		
Zip:	Home Phone:		
Program:	Cell Phone:		
Consent to Collect Data			
Date Consent Provided to	o Collect Data:		
entered into the Client Data Sys Aging. I understand what inform	formation provided by me or my legal representative stem maintained by the New York City Department for the mation will be recorded, why this information is needed, gulations protecting my personal health and identifying		
I understand that this information is being collected to help in providing services, including services funded through the New York City Department for the Aging. It also helps identify other services that I may qualify for. I understand that this information is needed in order for some services to be provided.			
I understand that signing this authorization is voluntary and can be revoked at any time. If I refuse to sign this authorization, the above named service provider will not be able to help by making referrals for me. Information can be given to me to follow-up on my own.			
Client Initial:			
Consent to Share Emergency	Preparedness Information		
Date of Emergency Prepared	ness Consent:		
In the event of an emergency, I consent to the release of my information contained in the Emergency Preparedness Form and have received a copy of this form. I understand that my basic demographics and social history are a part of my Emergency Preparedness information.			
I understand that my information will be shared only with persons authorized to respond in an emergency, such as government agencies, law enforcement, or those acting on their behalf.			
Client Initial:			

I consent to the collection and sharing of my information authorization shall not expire unless revoked by me or n		
Signature of Individual or Legal Representative	Date	
Individual's Name (Print)		
Legal Representative's Name (Print)	Power of Attorney (POA) Guardianship	
Please describe the relationship between the legal repre	esentative and the client:	
FOR OFFICE USE ONLY		
ATTESTATION ( <i>To be completed by the worker</i> )  I attest that informed consent, as indicated, was obtained from the above individual, who provided his/her signature above. All appropriate processes were followed, and consent was provided voluntarily.		
Signature	Date	
Worker's Name (Print)	Worker's Title (Print)	



## **New York State Voter Registration Form**

#### Register to vote

With this form, you register to vote in elections in New York State. You can also use this form to:

- become a member of a political party
- change your party membership
- pre-register to vote if you are 16 or 17 years of age

#### To register you must:

- be 18 years old (you may pre-register at 16 or 17 but cannot vote until you are 18);
- not be in prison for a felony conviction;
- not claim the right to vote elsewhere;
- not found to be incompetent by a court.

#### Send or deliver this form

Fill out the form below and send it to your county's address on the back of this form. or take this form to the office of your County Board of Elections.

This form must be received no later than 10 days before the election you want to vote in. Your county will notify you that you are registered to

#### Questions?

Call your County Board of Elections 1-800-FOR-VOTE (TDD/TTY Dial 711)

Find answers or tools on our website www.elections.ny.gov

#### Verifying youridentity

We'll try to check your identity before Election Day, through the DMV number (driver's license number or non-driver ID number), or the last four digits of your social security number, which you'll fill in below.

If you do not have a DMV or social security number, you may use a valid photo ID, a current utility bill, bank statement, paycheck, government checkorsome other government document that shows your name and address. You may include a copy of one of those types of ID with this formbe sure to tape the sides of the form closed.

If we are unable to verify your identity before Election Day, you will be asked for ID when you vote for the first time.

Información en español: si le interesa obtener este 中文資料:若您有興趣索取中文資料表格,請電: 1-800-367-8683 formulario en español, llame al 1-800-367-8683

한국어: 한국어 양식을 원하시면 1-800-367-8683으로 전화 하십시오.

1	Are you a citizen of the U.S.? Yes No			
		For board use only		
2	B) Are you at least 16 years of age and understand that you must be 18 years of age on or before election day to vote, and that until you will be eighteen years of age at the time of such election your registration will be marked "pending" and you will be unable to cast a ballot in any election?  Yes No	to vote		
		Suffix		
3		<u> </u>		
		Middle Initial		
4	Birth date   M M   /   D D   /   YYYYY   5 Gender			
6	Phone   -   -   T Email			
	Address (not P.O. box)			
	Apt. Number Zip code			
8	City/Town/Village			
	0.1.4. N. V.1.0(4.0.4)			
	- Tokstate estility			
9	Address or P.O. box			
	P.O. Box Zip code			
	City/Town/Village			
10	Have you voted before?	What year?		
	Your name was			
12	Your address was			
12	Total duditoss mas			
	Your previous state or New York State County was			
	☐ New York State DMV number			
13	☐ Last four digits of your Social Security number			
	☐ I do not have a New York State driver's license or a Social Security number.			
	I wish to enroll in a political party			
	Democratic party			
	Working Families party			
	Other			
	2 3 4 6 8	If you answer No, you cannot register to vote.  A) Will you be 18 years of age or older on or before election day?		

Political party You must make 1 selection		0	•	Affidavit: I swear or affirm that I am a citizen of the United States. I will have lived in the county, city or village for at least 30 days before the election.
Political party enrollment is optional but that, in order to vote in a primary election of a political party, a voter must				I meet all requirements to register to vote in New York State. This is my signature or mark in the box below.
enroll in that political party, unless state party rules allow otherwise.	I do not want to enroll in any political party and wish to be an independent voter  No party	16		The above information is true, I understand tha if it is not true, I can be convicted and fined up to \$5,000 and/or jailed for up to four years.
	☐ I need to apply for an Absentee ballot.		Sign	
Optional questions	15 I would like to be an Election Day worker.		Date	

### Address and stamp this section

Your address	
	*
	OFFICIAL * * *
	Autor cast by the US Pro-Miseria.
	* * *

Place First-Class Stamp Here

# Before mailing, remove tape, fold and seal

New York City 32 Broadway, 7th Fl. New York, NY 10004 (212) 487-5300 Albany 260 S. Pearl St. Albany, NY 12202	Chenango 5 CourtSt. Norwich, NY 13815 (607) 337-1760 Clinton Cnty GovernmentCtr. Ste. 104 137 Margaret St.	Franklin 355 West Main St. Ste. 161 Malone, NY 12953 (518) 481-1663 Fulton 2714 St. Hwy 29 Ste. 1	Lewis 7660 N. State St. Lowville, NY 13367 (315) 376-5329 Livingston County Govt.Ctr. 6 CourtSt. Room 104	Oneida Union Station 321 Main St. 3rd Fl. Utica, NY 13501 (315) 798-5765 Onondaga 1000 Erie Blvd West	Putnam 25 Old Route 6 Carmel, NY 10512 (845) 808-1300 Rensselaer Ned Pattison Government Ctr. 1600 Seventh Ave.	Schuyler County Office Bldg. 105 9th St., Unit 13 Watkins Glen, NY 14891 (607) 535-8195 Seneca One DiPronio Dr.	Ulster 79 Hurley Ave. Suite 112 Kingston, NY 12401 (845) 334-5470 Warren Cnty. Municipal Ctr. 3rd Floor Human Serv. Bldg
(518) 487-5060	Plattsburgh, NY 12901	Johnstown, NY12095	Geneseo, NY 14454	Syracuse, NY 13204	Troy, NY 12180	Waterloo, NY 13165	1340 St. Rte. 9
Allegary Ave.	(518) 565-4740 <b>Columbia</b>	(518) 736-5526 <b>Genesee</b>	(585) 243-7090 <b>Madison</b>	(315) 435-3312 Ontario	(518) 270-2990 Rockland	(315) 539-1760 <b>Steuben</b>	Lake George, NY 12845
Belmont, NY 14813	401 State St.	County Building #1	County Office Bldg.	74 Ontario St.	11 New Hempstead Rd.	3 E. Pulteney Sq.	(518) 761-6456
Broome GovernmentPlaza 60 Hawley St. PO Box 1766 Binghamton, NY 13902 (607) 778-2172 Cattaraugus 207 Rock City St.	Hudson, NY 12534 (518) 828-3115 Cortland 112 River St. Suite 1 Cortland, NY 13045 (607) 753-5032 Delaware 97Main St. Suite 5 Delhi, NY 13753	15 Main St. Batavia, NY 14020 (585) 815-7804  Greene 411 Main St. Ste. 437 Catskill, NY 12414 (518) 719-3550  Hamilton Rte. 8	N. Court St. PO Box 666 Wampsville, NY 13163 (315) 366-2231 <b>Monroe</b> 39 Main St. W. Rochester, NY 14614 (585) 753-1550 <b>Montgomery</b>	Canandaigua, NY 14424 (585) 396-4005 Orange 75 Webster Ave PO Box 30 Goshen, NY 10924 (845) 360-6500 Orleans 14016 Route 31 West,		Bath, NY 14810 (607) 664-2260 <b>Suffolk</b> Yaphank Ave. PO Box 700 Yaphank, NY 11980 (631) 852-4500 <b>Sullivan</b> Gov't. Ctr. 100 North St.	Washington 383 Broadway Fort Edward, NY 12828 (518) 746-2180 Wayne 7376 State Rte. 31 PO Box 636 Lyons, NY 14489 (315) 946-7400
Suite 100 Little Valley, NY 14755 (716) 938-2400  Cayuga 157 Genesee St. (Basement) Auburn, NY 13021 (315) 253-1285  FNAHIPLANESt.	(607) 832-5321  Dutchess 112 Delafield Street, Suite 200 Poughkeepsie, NY 12601 (845) 486-2473  Erie  134 W. Eagle St. Buffalo, NY 14202	PO Box 175 Lake Pleasant, NY 12108 (518) 548-4684 <b>Herkimer</b> 109 Mary St. Ste. 1306 Herkimer, NY 13350 (315) 867-1102 <b>Jefferson</b>	Old Courthouse 9 Park St. PO Box 1500 Fonda, NY 12068 (518) 853-8180 Nassau 240 Old Country Rd. 5th Fl. PO Box 9002 Mineola, NY 11501	Ste. 140 Albion, NY 14411 (585) 589-3274 Oswego 185 E. Seneca St. Box 9 Oswego, NY 13126 (315) 349-8350	Schenectady 2696 Hamburg St. Schenectady, NY 12303 (518) 377-2469 Schoharie County Office Bldg.	PO Box 5012 Monticello, NY12701 (845) 807-0400 Tioga 1062 State Rte. 38 PO Box 306 Owego, NY 13827 (607) 687-8261 Tempkinse Annex	Westchester 25 Quarropas St. White Plains, NY 10601 (914) 995-5700 Wyoming 4 Perry Ave. Warsaw, NY 14569 (585) 786-8931 Yates
Mayville, NY 14757	(716) 858-8891	175 ArsenalSt.	(516) 571-8683	140 County Hwy. 33W	Schoharie, NY 12157	128 E. Buffalo St.	Ste. 1124
(716) 753-4580	Essex	Watertown, NY 13601	Niagara	Cooperstown, NY	(518) 295-8388	Ithaca, NY 14850	417 Liberty St.
Chemung 378 South Main St. PO Box588 Elmira, NY 14902 (607) 737-5475	7551 Court St. PO Box 217 Elizabethtown, NY 12932 (518) 873-3474	(315) 785-3027	111 Main St. Ste. 100 Lockport, NY 14094 (716) 438-4040	13326 (607) 547-4247		(607) 274-5522	Penn Yan, NY 14527 (315) 536-5135

Your County Board of Elections address (select from below)

### (Optional) Register to donate your organs and tissues

If you would like to be an organ and tissue do nor upon your death, you may enroll in the NYS  $\textit{Donate Life}^{\text{TM}}$  Registry online at www.donatelife.ny.gov or complete the form below.

Eye color

First name		
- Hot Hamo		
Middle Initial	Suffix	
Address		
Apt. Number		

You will receive a confirmation email or letter, which will also provide you an opportunity to limit your donation.

	By signing below, you certify that you are:	Zip code		
		Gender M F		
Email		Height Ft. II		

- 16 years of age or older;

- 16 years of age or older;
   consenting to donate all of your organs and tissues for transplantation, research, or both;
   authorizing the Board of Electionsto provide your name and identifying information to NYS Donate Life™ Registry for enrollment;
   and authorizing the Registry to give access to this information to federally regulated organ procurement organizations and NYS-licensed tissue and eye banks and others approved by the NYS Commissioner of Health upon your death.

IYS Commissioner of Health upon you	ır death.
Sign	Date
9	



#### **Social Services Authorization**

\*Note: Only complete this form if you are seeking assistance with social services or benefits. \* \_\_\_\_\_, authorize Lenox Hill Neighborhood House and its staff and interns to examine, discuss, release, and/or obtain any information or documents concerning me or my case so that they can provide me with services from necessary community resources. I further authorize the release to Lenox Hill Neighborhood House of all records and/or information concerning me that may be under the custody and control of other individuals or agencies, including social service agencies, legal service providers, employers, government agencies, landlords and/or other individuals, as it relates to my ongoing services. In addition, I give permission to Lenox Hill Neighborhood House and its staff and interns to share with other individuals, agencies, or funders such confidential information concerning me and my case as is necessary to determine my eligibility for services and to allow Lenox Hill Neighborhood House to provide me with services. I also give my permission to Lenox Hill Neighborhood House to release such information as necessary to comply with its funders' requirements. I understand that this consent is voluntary, but that it might not be possible to obtain services without it. I understand that if I give oral consent, this document constitutes a record of consent on the date it was given. I understand that this authorization will remain in effect indefinitely. I have the right to revoke this release at any time by notifying my Social Worker or a Social Services staff member in writing. **Client Signature** Date If oral consent: Client Name

Date

Staff Signature