

HOMELESS & HOUSING SERVICES

Women's Mental Health Shelter Assistant

Our Women's Mental Health Shelter at the Park Avenue Armory on 67th Street provides a temporary home to 80 homeless women age 45 and over who are living with mental illness. We provide a broad array of social, health and housing services for each client, as well as nutritious meals, medical and psychiatric care, assistance with applying for government benefits and recreational programming. Volunteers with a background in a specific field such as physical fitness or the arts can lead a relevant class or help our clients build socialization skills by leading more informal group activities such as games and discussion groups. A minimum time commitment of one hour per week for at least four months is required.

Supportive Housing Activities Leader

Casa Mutua, located at 102nd Street and Lexington Avenue, is our 54-unit permanent supportive housing residence for formerly homeless, mentally-ill single adults. The Casa Mutua community helps tenants gain independence and stability by providing comprehensive social, psychiatric, recreational, counseling, legal and supportive services. Volunteers can assist in this effort by leading group educational, recreational and arts activities for tenants. Volunteers are required to commit to 2 hours per week, Monday-Friday, between 9:00 am and 5:00 pm for a minimum of four months.

ADULT EDUCATION

English as a Second Language Instructor

English for Speakers of Other Languages (ESOL) classes allow adult students to practice and develop their English speaking and writing skills in a supportive group environment. We offer beginner, intermediate and advanced level classes that meet weekly for eight-week sessions throughout the year. Instructors prepare and execute interactive lesson plans that incorporate conversation, listening, reading and writing skills. Classes are held weekdays during both daytime and evening hours.

Computer & Technology Specialist

Our state-of-the-art Computer Center offers programming designed to engage adults with technology in meaningful and creative ways. Computer & Technology Specialists assist by providing individual tutoring or teaching classes to groups on topics such as Microsoft Office, Adobe Photoshop and Instagram. Opportunities are available on weekdays, evenings and weekends.

GROUP VOLUNTEER OPPORTUNITIES

Businesses, schools, religious institutions and other groups are welcome to partner with us for special projects. Projects are suitable for teams of 5-50 people and can include serving meals, running game activities or assisting at a special Lenox Hill Neighborhood House event.

www.lenoxhill.org/volunteer



LENOX HILL NEIGHBORHOOD HOUSE



Do you have an area of interest that could help our neighbors in need?

There may be a way for you to become a part of our team. For more information, please contact Anthony Snowden, Volunteer Director, at **212 218 0487** or visit us online at www.lenoxhill.org/volunteer



LENOX HILL
NEIGHBORHOOD HOUSE

Volunteer Opportunities

at Lenox Hill
Neighborhood
House

Volunteers at Lenox Hill Neighborhood House use their unique skills, talents and experiences to enrich our programs for thousands in need. We offer an extensive array of meaningful and rewarding volunteer positions for everyone from teens to older adults. Opportunities to volunteer are available weekdays, evenings and weekends.

A sampling of our volunteer opportunities includes:

- Adult Education
- Children & Family Services
- Group Volunteer Opportunities
- Homeless & Housing Services
- Older Adult Services

CHILDREN & FAMILY SERVICES

Early Childhood Center Teaching Assistant

Our Early Childhood Center provides low-income children (ages 3 to 5) with a wonderful full-day, year-round educational experience. We work to ensure that the low-income children in our Center have the same opportunity to develop academically, emotionally, socially and physically as their more affluent peers. Under the direction and supervision of our professional teaching staff, volunteer Teaching Assistants help in our classrooms by leading educational, recreational and arts-based activities. The time requirement for this position involves volunteering once per week for a 3-4 hour period between 9 am and 4 pm, for a minimum of four months.

OLDER ADULT SERVICES

Senior Centers Multiple Opportunities

We run two dynamic senior centers located at 343 East 70th Street and 619 Lexington Avenue at 54th Street. Each senior center serves thousands of older adults who enjoy a full range of educational, recreational, social and health and wellness activities, as well as wonderful meals prepared daily by our Food Services team. Volunteers can be a part of our team by serving breakfast, lunch or dinner, running a class or activity or staffing the reception desk. The time commitment varies depending upon the assignment. Opportunities are available during weekday, evening and weekend hours.

CARE Program for Older Adults with Dementia Program Assistant

Our CARE program is an arts-based day program for older adults with dementia. The program provides a caring and engaging environment that allows participants to be involved in group and individualized activities, while also providing a respite for family caregivers. As a volunteer Program Assistant, you will assist staff in leading therapeutic activities, such as visual and performing arts projects, live music performances, and health and wellness programs for our participants. Volunteers must commit to a schedule of one day per week, from 9:30 am to 2:30 pm, for a minimum of four months.



Friendly Visitor

We assist thousands of frail, homebound older adults living on the East Side of Manhattan. We match Friendly Visitors one-on-one with our clients to help them maintain connections through weekly visits at the older adult's home. Volunteers provide much needed companionship and conversation and can assist with light shopping, errands and accompaniment to essential appointments. The time commitment for this opportunity is 1-2 hours per week for a minimum of six months.

